**Equality and Diversity Monitoring Form**

We won’t give up until everyone experiencing a mental health problem gets both support and respect. We want to know a bit more about you, to understand who we are engaging with our work, and who we need to work harder to reach. We also want to make sure we understand the needs of all the communities we work with. Completing these questions is voluntary, and the information you provide will be entirely anonymous. Thanks for your help.

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| Anonymous ID | *For office use* |

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| Postcode (only the first half i.e. ‘SW1 or NN16’  |
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| How old are you (in years)?  |
|  | 18-24 |
|  | 25-34 |
|  | 35-44 |
|  | 45-54 |
|  | 55-64 |
|  | 65+ |
|  | Prefer not to say  |

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| What is your gender?  |
|  | Female  |
|  | Male |
|  | Non-binary |
|  | Another / prefer to self-describe |  |
|  | Prefer not to say |

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| Have you ever identified as trans?  |
|  | Yes  |
|  | No  |
|  | Prefer not to say |

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| What is your sexual orientation?  |
|  | Bi  |
|  | Gay / lesbian |
|  | Heterosexual / straight |
|  | Another / prefer to self-describe  |  |
|  | Prefer not to say |

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| How would you describe your ethnic background? |
| **Asian or Asian British** | **Mixed** |
|  | Bangladeshi |  | White & Asian |
|  | Chinese |  | White & Black African |
|  | Indian |  | White & Black Caribbean |
|  | Pakistani  |  | Another mixed background (please write inthe box below) |
|  | Another Asian background (please write in the box below)  |
|  |  |
| **Other**  | **Black or Black British** |
|  | Arab |  | Black or Black British: African  |
|  | Gypsy or Traveller  |  | Black or Black British: Caribbean |
|  | Another background (please write in the box below) |  | Another Black background (Please write in the box below) |
|  |  |
|  | **White or White British**  |  | Prefer not to say |
|  | White British  |  |
|  | White Irish  |
|  | Eastern European |
|  | Another white background (please write in the box below) |
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| What is your religion or belief? |
|  | Buddhist |
|  | Christian  |
|  | Hindu |
|  | Jewish |
|  | Muslim |
|  | Sikh |
|  | No religion  |
|  | Any other (please specify if you wish)  |  |
|  | Prefer not to say |

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| Do you feel disadvantaged by any of the following? (By that we mean, do you find it difficult to access things like services, housing and leisure activities) – **Please tick all that apply** |
|  | Income (Your Income is low or not enough to live on) |
|  | Employment (You would like a job, but cannot get one) |
|  | Education and Training (You don't think you have received to good enough education and/or training)  |
|  | Physical Health Problems  |
|  | Mental Health Problems  |
|  | Living Environment (You think your living environment, and outdoor environment in your local area, is low quality)  |
|  | Social Network (You think you don't have enough social contacts; for instance family and friends) |
|  | Gender  |
|  | Ethnic Background  |
|  | Religious Belief  |
|  | Sexuality  |
|  | Age |

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| What is your first language? |
| Welsh |
| English |
| Other (please state) |