

Notice of Appointment of New Trustees

At the forthcoming AGM of Mind Aberystwyth on the 27 April 2021 the trustees who are retiring by rotation and offer themselves for re-election are:

Professor John Williams
Dr Naheed Kaderbhai
Dylan Wilson-Lewis
Sally Bathurst (Appointed September 2020)

The Trustees propose that in addition to the current trustees who retire by rotation and are offering themselves for re-election, the following new trustees be appointed to the Board:

Humaiara Akther

Humaiara is CIPD qualified and has experience in a variety of admin roles including working in a busy GP surgery.

Humaiara describes herself as *“very passionate about customer services...very much a people person”*.



Martin Dodd

Martin currently works as Student Support and Representation Manager for Aberystwyth Students' Union having previously worked in similar roles in the North-West of England. He has experience of supporting higher and further education students in a variety of settings including representation, advice and volunteering. Martin is an advocate for the experiences of students and young people while keen to support the wider Aberystwyth community as someone who lives within it. In his spare time he can often be found exploring the town's various walking routes.



Iva Dulkova

Iva currently works for the British Red Cross leading on digital marketing, digital transformation and the selection, implementation and adoption of new systems to improve operational efficiency and automate processes.

“There is still a lot more work that needs to be done to build a strong mental health culture in society and at work where people are being supported and know where, how and when to look for help.”



Mark Pascoe

Mark lives in Cardiff with his wife and young son having recently returned to Wales. He is an experienced elections professional and currently works for the Electoral Commission as its Electoral Guidance Manager. Mark is also an international election observer with experience of observing elections and referendums in central Asia and eastern Europe with the Organization for Security and Co-operation in Europe (OSCE), as well as across the UK. He currently serves as a trustee of The Moldova Project, a charity offering support to some of Moldova's most vulnerable families.



Nate Pidcock

Nate is the Students' Union president 2020-21 and the chair of their board of trustees. Working alongside the university he has always been very passionate about student mental health in particular. This summer he leaves Aberystwyth to train as a mathematics teacher in Liverpool but is delighted to be appointed as a trustee of Mind Aberystwyth to continue to work on mental health in Wales.



Katy Sinnett-Jones

Katy has been working in social housing for almost 13 years and in this time gained a wide range of experience and understanding of issues faced in Ceredigion. She has lived in Ceredigion all of her life and is very passionate about the health and development of the county. She is also a mum to two young children and in her spare time enjoys walking in our wonderful county and is a keen baker.

“I have had experience of dealing with mental health issues within my family and know how difficult it is for the person going through it but also the families. I am passionate about mental health and the services Mind Aberystwyth can offer to help people within our communities. “

