



## Minutes of the Annual General Meeting

Held at The Cambria, Marine Terrace, Aberystwyth SA23 2AZ  
Wednesday 4<sup>th</sup> March 2020 at 1.30pm

### 1. Welcome and Apologies

The Chair, Catrin Owen welcomed a members, staff, trustees, beneficiaries of the service, representatives of peer organisations and members of the public to the meeting.

### 2. Chair's Report

"On behalf of the Board, I would like to welcome everyone to our Annual General Meeting today. "Croeso i chi i gyd".

This AGM is to report on the accounting year April 1<sup>st</sup> 2018 to March 31<sup>st</sup> 2019, in addition to us reporting on our business and operational delivery over the same period of time. Our staff and Trustees will also be available today to answer any other questions that people may have regarding the work of Mind Aberystwyth.

As people will be aware Mind Aberystwyth is a charitable company limited by guarantee and the Board of Trustees, who are also Directors, are the officers of the company.

Over the course of the last year we met on 6 occasions to scrutinise and provide oversight over all areas the business and to make appropriate decisions relating to strategy, performance, opportunities for funding and approve policies and procedures that govern the organisation.

The Directors are all members and volunteers, from the local community and we are all passionately interested in the work of Mind Aberystwyth and in furthering its aims.

In the year 2018 to 2019 there were no changes in the composition of the Trustee Board, although we have continued our work in growing our Board strength and have recently welcomed a new Trustee (Mair Pugh Jones, who is with us today).

This year has been an exciting one for us in shaping the organisation and in addition to these positive changes Mind Aberystwyth has continued to provide and protect good mental health for individuals through one to one support and group activities.

During the year our staff and volunteers have continued to work hard to successfully run and enhance our contracted services and to develop and embed our activities work. As a Board of Trustees we would like to thank all the staff for all their hard work and to thank the volunteers whose help is invaluable to us.

We have also been fortunate in receiving donations from a wide variety of individuals and organisations and we very much appreciate all the support we are given, in addition to the support we receive from Pobl, Ceredigion CC and Hywel Dda UHB.”

The Chair proceeded to take a questions from the attendees and added to the detail already given.

### **3. Operational Report**

Over the course of the year we continued with an Interim Chief Executive and during this period we also consolidated and grew our work in the following areas by:

- continuing to improve the financial management and governance of the organisation;
- continuing to improve the quality of our service delivery across our Supporting People funded services;
- ensuring that our managed withdrawal from individualised SPOT contracts was completed during the course of the year, although we have continued to work closely with the Local Authority in providing on going packages of support to a smaller number of individuals;
- undertaking significant work, in partnership with Hywel Dda University Health Board to redesign and refocus the delivery of our therapeutic activities and Drop In facilities, so that we now deliver a wider range of activities than we have before;
- continuing to strengthen our strategic relationships with local service commissioners and stakeholders at a local level;
- continuing our successes in attracting new business opportunities through independent grant funding and through the wider Mind and Mind Cymru network;
- signing off on a Memorandum of Understanding with our local Mind colleagues in Pembrokeshire, Carmarthen and Llanelli. This we feel will allow us to extend our reach and benefit a greater number of people across the Hywel Dda Health Board region;
- developing exciting new relationships with student societies in Aberystwyth University.

### **4. Annual Accounts for Year ended 31 March 2019**

The accounts were approved as presented.

### **5. Appointment of Trustees**

The appointment of Mair Pugh Jones was confirmed.

**There being no further business the meeting closed**