

Community Peer Support in  
Ceredigion and Pembrokeshire



Peer support in your community

## THE WEST WALES PEER SUPPORT SHOWCASES

Are you coming to help us celebrate Side by Side Cymru and all of the amazing work carried out by community groups across West Wales?

We're hoping to bring all of these groups together at our Peer Support Showcases this October, alongside peer support champions, regional commissioners and guest speakers. We'll be laying on lunch, and you can enter into a prize draw to win a hamper full of these lovely local products!



Due to limited spaces, we have allocated a maximum of two places per community group, if you haven't received your invite (which contains a link to RSVP) then please contact us - details in the side panel.

### DATES:

THE MORLAN CENTRE, NORTH PARADE, ABERYSTWYTH,  
SY23 2HH: Wednesday 9<sup>th</sup> October 10.30am – 2pm

THE PICTON CENTRE, HAVERFORDWEST, SA61 1UG: Wednesday 16<sup>th</sup> October 10.30am – 2pm

To find out more please contact Rob, Emma or Tarek on 01970 626225.

NEWSLETTER  
SEPTEMBER 2019

CONTACT:

01970626225  
07958788172

[sidebyside@mindaberystwyth.org](mailto:sidebyside@mindaberystwyth.org)

Facebook – Side by Side  
Cymru at Mind Aberyst-  
wyth



Ariennir gan  
**Lywodraeth Cymru**  
Funded by  
**Welsh Government**

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### SHARED LEARNING WORKSHOPS FOR NOVEMBER 2019

If you haven't already, then why not join us at a 'shared learning workshop' to find out more about Side by Side Cymru Side by Side Cymru, running a peer support group, and how to apply for up to £250 in funding for your group? Find out more and register your interest for November dates on our Facebook page, you can also contact Rob on 07958788172 or write to [sidebyside@mindaberystwyth.org](mailto:sidebyside@mindaberystwyth.org).

### VENUES: TO BE CONFIRMED

Wednesday 6<sup>th</sup> November - Ceredigion

Wednesday 13<sup>th</sup> November - Pembrokeshire

### SEPTEMBER GRANT PANEL



Thanks to Menter Silian and Lampeter Ukulele Club for these great pictures of their groups enjoying the fruits of their grant applications! Our next panel meeting is on Tuesday 24<sup>th</sup> September, so we will need to receive your completed application by 5pm on Friday 20<sup>th</sup> September. You can download the form in English or Cymraeg from the Mind Aberystwyth website or Side by Side Cymru Facebook page, where you will also find guidance on how to complete it. Rejected applications will be returned with feedback and guidance on how to improve for future submission.

If you are receiving this electronic newsletter and no longer wish to do so please contact Mind Aberystwyth on 01970 626225 or [info@mindaberystwyth.org](mailto:info@mindaberystwyth.org)

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